

Welcome to Orange Cove Seventh-day Adventist Church

December 7, 2019

We want to extend a warm welcome to all attending today's service. If you're a 1st time visitor, please take a blue visitor bag from the basket in our lobby. We would also like to invite you to join us for fellowship lunch today following the worship service. We hope you will visit again soon!

Sabbath School.....10:00 a.m.
Please ask a greeter to assist you in choosing and/or locating a class.
Worship Service.....11:05 a.m.

Worship Service

Welcome

Opening Prayer

Emerson Merriewether

Children Story

Manny

Song Service

#122 Hark! The Herald Angels Sing!

#125 Joy to the World!

Offertory

Emerson Merriewether

Song of Meditation

#329 Take the World, but Give Me Jesus

Intercessory Prayer

*Hymn #684 – sung after prayer

*"Hear our prayer O Lord; hear our prayer O Lord. Incline
Thine ear to us and grant us Thy peace. Amen"*

Morning Message

Pastor Andre Van Heerden

Closing Song

#232 All Glory, Laud and Honor

Benediction

Please be seated after the benediction; deaconess will dismiss by rows

**** Please turn cell phones off or place on vibrate ****

**Please be reverent and keep all conversation outside of the
Sanctuary – This is the house of the Lord.**

*** ANNOUNCEMENTS ***

Today's loose offering: **LOCAL CHURCH BUDGET**

November Totals: Tithe \$12,861.33 Offering \$3,966.20

Church Budget: \$5,000/mo

NOTE: Offering given to support the church should be marked on the tithe envelope "Church Budget." Tithe goes to the Florida Conference.

Bible Discussion on the book of Daniel, chapters 10,11 & 12, the 2300 days and why was Judas with the disciples - Dec 7 in Learning Center @ 1:45.

ABC Bookmobile will be at Orange Cove on Sun, Dec 8 from 1:15 to 1:45. Delivery is by pre-order only. Please make sure you place your order by Tues, Dec 3. To place order, call (407) 644-4255 or email floridaabc@floridaconference.com

Youth Sabbath Dec 14th OCSDA youth present 'WISE MEN STILL SEEK HIM'. Please join us in celebrating the birth of our Savior. Service at 11:00

Christmas Church Social on December 14th @ 6:30 pm in Fellowship Hall. Bring your favorite cookie for cookie exchange. Please contact Emerson Merriewether for more information.

Bible Studies in the home of Gene & Janet Hall on Tuesdays @ 10:00 am. For details call 904-264-8143.

Food Pantry - Open Wednesdays from 4-6p and Friday from 4-5 pm. If anyone is interested in volunteering for the food pantry, please see Brenda Haas.

Prayer Meeting - Wednesdays @ 7:00 pm in the Learning Center. Please join our prayer warrior group for intercessory prayer and to pray together.

Sabbath ends this evening at 5:26 pm

*** UPCOMING EVENTS ***

Dec 6 Sabbath begins at 5:26 pm

Dec 7 Bible Discussion in Learning Ctr 1:45

Dec 7 Children's choir 1:30 / Youth choir 2:00

Dec 8 ABC bookmobile delivery 1:15 to 1:45

Dec 14 Lunch & Learn parents discussion during potluck

Dec 14 Christmas church social 6:30 pm in Fellowship Hall

Dec 21 Children's choir 1:30 / Youth choir 2:00

Dec 31 New Year's Eve Vespers 5:00 pm

Jan 4 Bible Discussion in Learning Ctr 1:45

Jan 4 Children's choir 1:30 / Youth choir 2:00

Jan 9 Church Board meeting

Jan 11 Lunch & Learn parents discussion during potluck

Jan 11 Youth night 7:00 pm

Jan 18 Children's choir 1:30 / Youth choir 2:00

SERMON NOTES

HEALTH NUGGET

One of the most common misconceptions about plant-based diets is that they are lacking in protein. Not only is this completely untrue, but plant-based proteins provide some amazing health benefits. In addition to providing the building blocks for healthy muscles and tissues, plant protein may also be beneficial for weight loss. Plant-based proteins tend to be lower in calories and fat than animal proteins but higher in fiber and essential nutrients. By swapping plant proteins for animal proteins, you can reduce your caloric intake and boost your daily nutrient profile. You may need to consume a variety of plant proteins to get all of the essential amino acids, but that's also the best way to make sure you get all of the vitamins, minerals, and other nutrients you need. Whether you want to lose weight, improve your health, or just follow a healthier diet, plant-based proteins are an important piece of the puzzle.

<https://www.naturespath.com/en-us/blog/benefits-plant-based-protein/>



CHURCH PRAYER LIST



Jim Heinessen, Al & Beti Norris, Baby girl Baez, Edwards family, Kathy Parker, Mrs. Bush, John Ramey, Shirley & Joe Sanders, John Stauder, Dianne Ledbetter, Ohilda Escartin, Debra Riggs and Rose Kelly.

Church officers

Pastor	Andre' Van Heerden	relevantlivesolutions@hotmail.com 904-213-7906 / 305-395-0912
Head Elder	TBD	
Elder	David Merritt	dmerritt@leighlaw.com
Elder	Bennie Holton	bennieholton@yahoo.com
Elder	Emerson Merriewether	slingerland422@yahoo.com
Treasurer	Alefa Washington	alefiaw@gmail.com OCSDATreasurer@gmail.com
Clerk	Oberde David	oalincin@yahoo.com 561-251-6731
Head Deacon	Darrel Washington	washington47_dw@gmail.com 843-425-9501
Youth Director	Milan Kurucev	milanjax@gmail.com
SS Super	Sharon Merriewether	singingartiste1@hotmail.com 904-708-3687
Safety Officer	TBD	

GETTING TO KNOW GOD – Morris Venden

Genuine faith can come only as the result of knowing God on a one-to-one, person-to-person basis. How is this accomplished? In the same way you get to know anyone: by communication. We communicate with others by talking to them, by listening to them talk to us and by going places and doing things together. In the Christian life I can talk to God in prayer. I can listen to Him by reading His Word. And I can go places and do things with Him by becoming involved in service and outreach.

The methods of becoming acquainted with God are the elements of a vital devotional life. And, when I'm in a meaningful relationship with God day by day, I learn to trust Him automatically, spontaneously, naturally. This is faith in its highest sense. Faith or trust is a gift from God. Ephesians 2:8,9 says, "For it is by grace you have been saved, through faith and this is not from yourselves, it is a gift of God".

There's only one way to receive a gift, and that's to come into the presence of the giver of the gift. How do you come into God's presence to receive this gift of trust from Him? On your knees before His open Word. .



Orange Cove SDA Church

*"Adopting people into God's family of Grace,
One person at a time."*

We are located at:
4501 Highway 17 South
Fleming Island, FL 32003
(904) 269-2607

We can also be found at:
<http://www.orangeovesda.org/>
<https://www.facebook.com/orangeovesda>
<https://www.youtube.com/user/orangeovesda/>

Online Giving: www.orangeovesda.org.
Look for the tithe envelope or click on the "Online Giving" link.

**Please submit future bulletin information to Brenda Haas by
6:00 pm Wednesday by calling, texting, or email to:
904-891-6207 or OCSDA@grizzlyrabbit.com.**

View or download Sabbath School Lessons at
<http://ssnet.org/study-guides/>

Adult Class
Kindergarten
Junior Class
Cradle Roll
Baptism Class

Sanctuary
Fellowship Hall 2nd Room
Fellowship Hall 3rd Room
Fellowship Hall 6th Room
Behind platform/baptistry

