

February 27, 2016

Worship Service **11:05**

Welcome & Meet 'n Greet.....David Merritt

Opening Prayer

Children Story

Song Service

Offering Prayer

Song of Meditation

Intercessory Prayer**

Morning Message

Pastor André Van Heerden

"Follow Me Living in Humility"

Part 8 of "Follow Me" Series

Closing Song

***Song after Intercessory Prayer: Turn your eyes upon Jesus, Look for full in His wonderful face; And the things on earth will grow strangely dim In the light of His glory and grace.*

≈ Please turn cell phones off or place on vibrate ≈

≈ Please be seated after the benediction – you will be ushered out ≈

If you desire special prayer please remain in the sanctuary after service

Today's Announcements:

- ❖ **Visitor & Guest, please join us for Fellowship Lunch today!**
- ❖ **Today's Loose Cash Offering is for: Florida Advance**
- ❖ Fellowship Lunch Host: Kitchen Helpers Needed
- ❖ Sunset Today 6:23
- ❖ 4th Sabbath – Outreach Ministry

Save the Date....Event Calendar & Announcements

Feb 27	2-3:30pm Outreach ministry
Feb 28	12:00 Church Meet & Greet
Mar 05	1:45 Q&A Study Group in the Learning Center.
Mar 06	Church Work Bee
Mar 12	2-3:30pm Outreach ministry
Mar 19	1:45 Q&A Study Group in the Learning Center
Mar 19	Nursing Home Music Ministry – Kathy Parker
Mar 26	Communion Service

2nd Reading for transfer to Orange Cove for Heather Lee, Liz Daughtry & Susan Pate.

Forest Lake Academy's Class of 2017 invites you to World's Fair: International Food Festival. Please join us on February 28, 2016 for an afternoon of food, games, and entertainment from around the world. The event will run from 3 pm - 7 pm in the Rodney Fulbright Gymnasium. Tickets are available from any FLA Junior or at the door for \$10.

Marriage Workshop: March 4, 5 2016 (Friday 6-9 pm; Saturday 1-6 pm) at Jacksonville First Church. Cost is \$79.00 per couple (marriage enrichment only) \$99.00 per couple (to be trained and certified to teach Adventures in Marriage). Purpose of the workshop is twofold: Marriage Enrichment and Certification to become a marriage Coach/mentor. If interested in becoming a marriage coach, will have to stay for an extra hour on Saturday. Register today at <http://live-the-life.mybigcommerce.com/sdajaxretreat>

Discover Bible School: We are in need of someone to oversee this ministry. For more information see Pastor Andre or Elder Bridget.

MEN MINISTRIES CONVENTION: March 18-20. Men who are willing to join with other men to take back their cities, their neighborhoods, their churches, their families, their lives for God; men who will mentor younger men in the faith; men who will be true brothers to other brothers in the fight of faith. To answer the call, join these men at Camp Kulaqua for RACE TO WIN, a Florida Conference Men's Convention for men 13 and up! 10 seminars by experts in Finance, Fatherhood, Sexual Purity, Health, Spiritual Disciplines, Soul Winning, Spiritual Warfare, Emotional Intelligence, Men's Ministries, and Youth. To register: www.campkulaqua.com or 386.454.1351. For Men's Ministries Resources and more info go to: www.floridaconference.com/men.

Weekly/Monthly Ongoing Calendar Events

~ Food Pantry:	Wed 4-6p and Fri 4-5: Food
~ Third Thursday:	Men's Ministry Gathering contact Paul Ross 982-4892.
~ First & Third Sabbath:	Q&A Study Group in the Learning Center 1:30 pm
~ First & Third Sabbath:	Children Choir 1:30 – 2:15
~ Second & Fourth:	Adult Choir Practice 1:30-2:30
~ Third Sabbath:	Nursing Home Ministry - Kathy Parker (904) 923-5297
~ Fourth Sunday:	12:30p Church "Meet & Greet" Sweet Tomatoes, Wells Rd
~ Tuesdays:	10 am Bible Study Gene & Janet Hall's Home. Info please contact Janet Hall 904-264-8143 or Pat Foster 904 272-1177. 6:30pm CREATION Health classes at the Barco-Newton Family YMCA, Fleming Island.

Health and Devotion

What's Always In Season and How Should

There is plenty of advice out there when it comes to eating healthy produce - stick to organic, eat local, buy in season. The first two are simple, but what does it mean to buy "in season?" Well, for starters, in season produce tastes better because it hasn't travelled as far and it wasn't grown in a greenhouse. In addition, it's also cheaper!

Below are a few examples of produce that are always In season:

- ✓ *Apples.* Although they harvest from August-November they are available and fresh all year round. Enjoy apples whole or cut into slices with a tablespoon of peanut butter for a filling snack.
- ✓ *Cabbage,* this veggie peaks in the winter, but you can get it any time. You can enjoy cabbage simply steamed or chopped in a stir-fry dish with soy sauce and veggies.
- ✓ *Carrots.* You can always get your beta-carotene! Eat carrots with a healthy Greek yogurt dip or try roasting in a pan.
- ✓ *Celery.* This "negative calorie" produce provides the crunch you're craving. Great for a base in soups or added to salads.
- ✓ *Lemons.* Although they peak in the colder months, they're always tart and flavorful! Put lemon slices in water for a fresh, flavorful kick.
- ✓ *Mushrooms.* Cremini, button, shiitake, and Portobello are all versatile. Try a grilled Portabella as the "patty" of a veggie burger.
- ✓ *Onions.* Onions can be used in just about everything! /Add to a healthy soup base or in a simple stir-fry.
- ✓ *Sweet Potatoes.* Potatoes are a kitchen staple, but opt for the healthier sweet potato! Enjoy a baked sweet potato with olive oil and pepper or slice and bake!

Devotional Thought: Bless One Another

This devotional is brought to you by Pacific Press® Publishing Association

The only way to grow in grace is to be disinterestedly doing the very work which Christ has enjoined upon us - to engage, to the extent of our ability, in helping and blessing those who need the help we can give them.

Strength comes by exercise; activity is the very condition of life. Those who endeavor to maintain their Christian life by passively accepting the blessings that come through grace, and doing nothing for Christ, are trying to live by eating without working. And in the spiritual as in the natural world, this always results in degeneration and decay. Thus, the Christian who will not exercise his God-given powers not only fails to grow up into Christ, but he loses the strength that he already had.

FROM Steps to Christ (Illustrated) by Ellen G. White, p. 83.

Pastor's Availability

Pastor André Van Heerden is available to all church members and guests for consultation and/or counseling by appointment or home visitation. Please call his cell phone: (305) 395-0912 or (904) 213-7906. Pastor André will also be available by appointment at the following times: Sabbaths after the worship service or after the fellowship lunch. The Pastor usually does home/hospital visitations on Sabbath afternoons and Wednesday during summer months.

Member's Corner

Please Pray for:

Mary Shelly	Robert/Andrew Haas	Andy Hansen & Family
Mrs. Bush	Yura & Pasha	John Ramey
Charlie & Kathy Parker and son Chuck	Will Lee & Grandmother	James Johnson and his mother
Pam Batson	Donna Pendrey	Ronald Buddha Aunt
Mary Ledbetter	Fred Sheckles	Reginald & Anna
Norris Family		

Happy Birthday February Babies:

04 Janet Hall	09 Brenda Haas	10 Joshua Sirmans
15 Andrew James	20 Phyllis James	23 Tim Edwards

Treasurer's Corner

Thanks for contributing to the local church budget! "Tithe goes to conference only envelopes marked church budget stay in the local church for upkeep and church maintenance." Offering given to support the church should be marked on the tithe envelope "church budget."

** Please do not fill in the last two lines on the Tithe envelope Leave blank everything after the heading "Below Line For Treasurer Use" Thank you.

Online Giving: Please go to www.orangecovesda.org. Click on the "Online Giving" link To contact the treasurer via email ocsdatreasurer@gmail.com

January Budget	Rec'd: \$8,487.38	Over: \$3,487.38
Church Budget \$5000.00	Amount received	Amount needed:
Feb 06	\$2,968.00	\$2,032
Feb 13	\$824.70	\$1,207.30
Feb 20	\$919.00	\$288.30
Feb 27	\$0.00	\$0.00

*Incoming funds over budget will go to boost evangelism and church ministries

Orange Cove SDA Church

"Adopting people into God's family of Grace, One person at a time."

4501 Highway 17 South (904) 269-2607
Fleming Island, FL 32003 www.orangecovesda.org

Sabbath School - 10:00 am

Please ask a greeter to assist you in choosing and/or locating a class
View or download Sabbath School Lessons at <http://ssnet.org/study-guides/>

Adult Class	Sanctuary
Young Adult & Youth Class	Youth Room – Fellowship Hall
Seeker Study & Application Discussion Group	Fellowship Hall Main Area
12 Step Recovery Class	Learning Center
Primary	Portable
Kindergarten	Fellowship Hall 2 nd Room
Junior Class	Fellowship Hall 3 rd Room
Cradle Roll	Fellowship Hall 6 th Room
Early Teen	Mother's Room (In Church Lobby)

Orange Cove Core Values: To Be a Mature Disciple...

- 1. Refresh:** Be "Refreshed" by the baptism of the Holy Spirit moment by moment. "For John truly baptized with water, but you shall be baptized by the Holy Spirit not many days from now." Acts 1:5. Jesus dwells in the hearts of His Children through His Spirit. By asking Him, after receiving forgiveness, the Holy Spirit comes and lives in us—His holy temples.
- 2. Abide:** Jesus said, "I am the Vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me, you can do nothing." John 15:5. It is through the Word that Christ abides in His followers. Spending time alone with God before the day starts in Bible study, prayer and meditation gives Divine power and strength through the Spirit to those who do it.
- 3. Share:** The example of the early Christian Church in Acts 2 demonstrates how God intended for believers to meet together in church (large groups) and homes (small groups). Meeting together & sharing, ingrains the truth of God's Word and the teachings of Jesus in the believers' lives.
- 4. Give:** God invites all His disciples to give of their time and their means to further His Kingdom. "Do not lay up for yourselves treasure on earth . . . lay up for yourselves treasure in heaven." Matt 6:19. Giving allows a disciple to participate in God's Holy Nature and neutralize the selfish tendencies within his or her sinful nature.
- 5. Mentor:** The great controversy between good and evil is fierce and complex. God ordained believers to encourage, support and care for one another in close, "family-like," relationships. Every disciple should be mentored by a more mature, experienced disciple and should, in turn, mentor a less experienced younger disciple than themselves. This process solidifies the experience of each disciple.

Church Leaders and Officers

Andre Van Heerden <i>Pastor</i>	904-213-7906/305-395-0912 relevantlivesolutions@hotmail.com
Bridget Edwards <i>Head Elder</i>	(904) 317-5316 or Heleadfollow@gmail.com
<i>Elders:</i>	David Merritt Bennie Holton
Jillian Buddha <i>Church Clerk</i>	jillian.buddha@gmail.com
Ronald Buddha <i>Assistant Head Deacon</i>	(904) 466-0051 ronald.buddha@gmail.com
Gene Hall <i>Treasurer</i>	(904) 264-8143 or OCSDATreasurer@gmail.com
Paul Ross <i>Men Ministry</i>	904 982-4892 or Ross304@bellsouth.net
Sharon Merriweather <i>Sabbath School Superintendent</i>	singingartiste1@hotmail.com

Orange Cove SDA Church

Pastor:
André Van Heerden

February 27, 2016



Reflects the core values that Seventh-day Adventist are committed to:

- ⇒ The Open Bible: forms the base of the design and represents the Biblical foundation of our beliefs. It is portrayed in a fully opened position suggesting full acceptance of God's word as one reads, studies, and puts into practice.
- ⇒ The Cross: central to the Biblical message is the Cross which represents the gospel of salvation and is positioned in the center of the design to emphasize Christ's sacrifice, which is the central theme of our faith.
- ⇒ The Flame: the shape formed by three lines encircling an implied sphere. The lines represent the three angels of Revelation 14 circling the globe and our commission to take the gospel to the entire world. The overall shape forms a flame symbolic of the Holy Spirit, the messenger of Truth. The flame suggests a continued upward momentum symbolizing the resurrection and ascension to heaven at Christ's second coming, the ultimate focus of our faith.