

March 12, 2016

Worship Service **11:05**

Welcome & Meet 'n Greet.....Bennie Holton

Opening Prayer

Children Story

Song Service

#191 Love Divine

#230 All Glory, Laud, and Honor

Offering Prayer

Song of Meditation

#476 Burdens are lifted at Calvary

Intercessory Prayer**

Morning Message

Pastor André Van Heerden

"Follow Me into Eternal Life"

Part 10 of "Follow Me" Series

Closing Song #524 Tis So Sweet to Trust in Jesus

**Song after Intercessory Prayer:

Turn your eyes upon Jesus, Look for full in His wonderful face; And the things on earth will grow strangely dim In the light of His glory and grace.

≈ Please turn cell phones off or place on vibrate ≈

≈ Please be seated after the benediction – you will be ushered out ≈

If you desire special prayer please remain in the sanctuary after service

Today's Announcements:

- ❖ **Visitor & Guest, please join us for Fellowship Lunch today!**
- ❖ **Today's Loose Cash Offering is for: Adventist World Radio**
- ❖ Fellowship Lunch Host: Kitchen Helpers Needed
- ❖ Sunset Today 6:33
- ❖ 2nd Sabbath – 1:15 Outreach Ministry Planning & 1:45 Q&A Study Group.

Save the Date....Event Calendar & Announcements

- Mar 12 1:15 pm Outreach ministry Center.
- Mar 12 1:45 Q&A Study Group in the Learning
- Mar 17 & 18 9-5 Yard Sale @ the Church
- Mar 19 Baby Dedications
- Mar 19 Baptisms and Wedding
- Mar 19 Nursing Home Music Ministry – Kathy Parker
- Mar 26 Communion Service
- Mar 27 Meet n Greet @ Sweet Tomatoes

Church Board Recommendation: Board has nominated Liz Daughtry for Children Ministry Leader.

Daylight Saving Time: Don't forget to turn your clock ahead 1 hour.

Discover Bible School: We are in need of someone to oversee this ministry. For more information see Pastor Andre or Elder Bridget.

MEN MINISTRIES CONVENTION: March 18-20. Men who are willing to join with other men to take back their cities, their neighborhoods, their churches, their families, their lives for God; men who will mentor younger men in the faith; men who will be true brothers to other brothers in the fight of faith. To answer the call, join these men at Camp Kulaqua for RACE TO WIN, a Florida Conference Men's Convention for men 13 and up! 10 seminars by experts in Finance, Fatherhood, Sexual Purity, Health, Spiritual Disciplines, Soul Winning, Spiritual Warfare, Emotional Intelligence, Men's Ministries, and Youth. To register: www.campkulaqua.com or 386.454.1351. For Men's Ministries Resources and more info go to: www.floridaconference.com/men.

Weekly/Monthly Ongoing Calendar Events

- ~ Food Pantry: Wed 4-6p and Fri 4-5: Food
- ~ Third Thursday: Men's Ministry Gathering contact Paul Ross 982-4892.
- ~ First & Third Sabbath: Q&A Study Group in the Learning Center 1:30 pm
- ~ First & Third Sabbath: Children Choir 1:30 – 2:15
- ~ Second & Fourth: Adult Choir Practice 1:30-2:30
- ~ Third Sabbath: Nursing Home Ministry - Kathy Parker (904) 923-5297
- ~ Fourth Sunday: 12:30p Church "Meet & Greet" Sweet Tomatoes, Wells Rd
- ~ Tuesdays: 10 am Bible Study Gene & Janet Hall's Home. Info please contact Janet Hall 904-264-8143 or Pat Foster 904 272-1177.
6:30pm CREATION Health classes at the Barco-Newton Family YMCA, Fleming Island.

Health and Devotion

Coping With CHRONIC PAIN

Chronic pain can be stressful, both physically and emotionally. Pain is typically considered chronic when it lasts more than six months and affects your daily life. There are plenty of treatments to help chronic pain; however, improving your coping skills is another important aspect of caring for yourself. So, which coping skills can you build upon?

- *Do not dwell on your symptoms.* When you focus on your disabilities, it is easy to forget about your abilities. Dwelling on the symptoms can lead down a path of negative thinking that will contribute to your pain.
- *Relax.* Meditating and other relaxation exercises ease tension and pain - they also help with managing stress. Since chronic pain can be the source of increased stress, relaxation techniques and getting plenty of sleep can help you feel better.
- *Speak freely to a trusted person.* Simply having someone who is there to listen is a great thing, but having someone who can relate is even better! Chronic pain groups are an excellent place to speak in an honest, judgment-free zone. You don't have to do it alone!
- *Stay active.* Stretching exercises or an active hobby can keep you moving and provide an outlet and distraction from pain.

Chronic pain does not have to debilitate you and the treatments do not have to be limited to medical help. Keeping a positive mind and seeking support can change how you feel both emotionally and physically.

Devotional Thought: Don't Quit!

This devotional is brought to you by Pacific Press® Publishing Association

You will be tempted over and over to quit, to give up believing in Christ, relying on Him, and trusting Him. You'll be tempted to quit your job, to abandon your marriage, and to give up on life in general. Sometimes it is difficult for us to realize that the fact we fail doesn't mean we're failures. And the fact we lose doesn't mean we're losers.

We become failures and losers only if we become quitters!

My study of the Word leads me to believe that most of the struggles we face don't come from the Lord. I don't think He shipwrecked Paul and had him beaten and stoned. I believe Paul was a child of God, and God is not a child abuser. Long ago Adam and Eve chose to believe the lies of a talking snake and we sometimes believe that same snake, as he blames what he has done on a loving God! I believe that when we trust Him through the trials, He develops our character to be more like His.

What Satan has meant to destroy us, God uses to strengthen us.

FROM Keep On Keeping On by Jim Gilley, p. 10.

Pastor's Availability

Pastor André Van Heerden is available to all church members and guests for consultation and/or counseling by appointment or home visitation. Please call his cell phone: (305) 395-0912 or (904) 213-7906. Pastor André will also be available by appointment at the following times: Sabbaths after the worship service or after the fellowship lunch. The Pastor usually does home/hospital visitations on Sabbath afternoons and Wednesday during summer months.

Member's Corner

Please Pray for:

Mary Shelly	Robert/Andrew Haas	Andy Hansen & Family
Mrs. Bush	Yura & Pasha	John Ramey
Charlie & Kathy Parker and son Chuck	Will Lee & Grandmother	James Johnson and his mother
Pam Batson	Donna Pendrey	Ronald Buddha Aunt
Mary Ledbetter	Fred Sheckles	Reginald & Anna
Norris Family		

Happy Birthday March Babies:

02 Claudette Crosby	05 Linda Rodriguez	14 Grethe Smith
20 Giovanni Silva	21 Pat Foster	29 Tammy Shelby

Treasurer's Corner

Thanks for contributing to the local church budget! "Tithe goes to conference only envelopes marked church budget stay in the local church for upkeep and church maintenance." Offering given to support the church should be marked on the tithe envelope "church budget."

** Please do not fill in the last two lines on the Tithe envelope Leave blank everything after the heading "Below Line For Treasurer Use" Thank you.

Online Giving: Please go to www.orangecovesda.org. Click on the "Online Giving" link To contact the treasurer via email ocsdatreasurer@gmail.com

February Budget	Rec'd: \$6,548.55	Over: \$1,548.55
Church Budget \$5000.00	Amount received	Amount needed:
Mar 05	\$1,107.40	\$3,892.60
Mar 12	\$0.00	\$0.00
Mar 19	\$0.00	\$0.00
Mar 26	\$0.00	\$0.00

*Incoming funds over budget will go to boost evangelism and church ministries

Orange Cove SDA Church

"Adopting people into God's family of Grace, One person at a time."

4501 Highway 17 South (904) 269-2607
Fleming Island, FL 32003 www.orangecovesda.org

Sabbath School - 10:00 am

Please ask a greeter to assist you in choosing and/or locating a class
View or download Sabbath School Lessons at <http://ssnet.org/study-guides/>

Adult Class	Sanctuary
Young Adult & Youth Class	Youth Room – Fellowship Hall
Seeker Study & Application Discussion Group	Fellowship Hall Main Area
12 Step Recovery Class	Learning Center
Primary	Portable
Kindergarten	Fellowship Hall 2 nd Room
Junior Class	Fellowship Hall 3 rd Room
Cradle Roll	Fellowship Hall 6 th Room
Early Teen	Mother's Room (In Church Lobby)

Orange Cove Core Values: To Be a Mature Disciple...

- 1. Refresh:** Be "Refreshed" by the baptism of the Holy Spirit moment by moment. "For John truly baptized with water, but you shall be baptized by the Holy Spirit not many days from now." Acts 1:5. Jesus dwells in the hearts of His Children through His Spirit. By asking Him, after receiving forgiveness, the Holy Spirit comes and lives in us—His holy temples.
- 2. Abide:** Jesus said, "I am the Vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me, you can do nothing." John 15:5. It is through the Word that Christ abides in His followers. Spending time alone with God before the day starts in Bible study, prayer and meditation gives Divine power and strength through the Spirit to those who do it.
- 3. Share:** The example of the early Christian Church in Acts 2 demonstrates how God intended for believers to meet together in church (large groups) and homes (small groups). Meeting together & sharing, ingrains the truth of God's Word and the teachings of Jesus in the believers' lives.
- 4. Give:** God invites all His disciples to give of their time and their means to further His Kingdom. "Do not lay up for yourselves treasure on earth . . . lay up for yourselves treasure in heaven." Matt 6:19. Giving allows a disciple to participate in God's Holy Nature and neutralize the selfish tendencies within his or her sinful nature.
- 5. Mentor:** The great controversy between good and evil is fierce and complex. God ordained believers to encourage, support and care for one another in close, "family-like," relationships. Every disciple should be mentored by a more mature, experienced disciple and should, in turn, mentor a less experienced younger disciple than themselves. This process solidifies the experience of each disciple.

Church Leaders and Officers

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Orange Cove SDA Church

Pastor:
André Van Heerden

March 12, 2016



Reflects the core values that Seventh-day Adventist are committed to:

- ⇒ The Open Bible: forms the base of the design and represents the Biblical foundation of our beliefs. It is portrayed in a fully opened position suggesting full acceptance of God's word as one reads, studies, and puts into practice.
- ⇒ The Cross: central to the Biblical message is the Cross which represents the gospel of salvation and is positioned in the center of the design to emphasize Christ's sacrifice, which is the central theme of our faith.
- ⇒ The Flame: the shape formed by three lines encircling an implied sphere. The lines represent the three angels of Revelation 14 circling the globe and our commission to take the gospel to the entire world. The overall shape forms a flame symbolic of the Holy Spirit, the messenger of Truth. The flame suggests a continued upward momentum symbolizing the resurrection and ascension to heaven at Christ's second coming, the ultimate focus of our faith.