

April 9, 2016

Worship Service

11:05

Welcome & Meet 'n Greet

*Bridget Edwards*

Opening Prayer

#522 My Hope Is Built On Nothing Less

#316 Live Out Thy Life Within Me

Children Story

Song Service

Offering Prayer

Song of Meditation

#500 Take Time To Be Holy

Intercessory Prayer\*\*

Morning Message

Dianne Ledbetter

Closing Song #537 He Leadeth Me

*\*\*Song after Intercessory Prayer:*

*Turn your eyes upon Jesus, Look for full in His wonderful face; And the things on earth will grow strangely dim In the light of His glory and grace.*

*≈ Please turn cell phones off or place on vibrate ≈*

*≈ Please be seated after the benediction – you will be ushered out ≈*

If you desire special prayer please remain in the sanctuary after service

**Today's Announcements:**

- ❖ **Visitor & Guest, please join us for Fellowship Lunch today!**
- ❖ **Today's Loose Cash Offering is for: Christian Record Service**
- ❖ Fellowship Lunch Host: Kitchen Helpers Needed
- ❖ Sunset Today 7:50
- ❖ 2<sup>nd</sup> Sabbath - 1:15 pm Outreach Ministry Planning & Kids Outing in Alpine Groves Park.

**Save the Date....Event Calendar & Announcements**

- Apr 09 1:15 pm Outreach Ministry Planning
- Apr 09 Kids Outing - Alpine Groves Park after potluck
- Apr 14 7:00 pm Church Board Meeting
- Apr 16 1:45 Q&A Study Group in the Learning
- Apr 23 1:15 pm Outreach Ministry
- Apr 24 12 n Church Meet n Greet

**Orange Cove Kids Outing--Alpine Groves Park:** This Sabbath afternoon, April 9. We invite all kids and kids-at-heart to join us at Alpine Groves Park. We plan to leave the church immediately after potluck. Remember your sunscreen and some water! Contact Liz Daughtry 904-657-1057

<http://www.co.st-johns.fl.us/recreation/parks/AlpineGroves.aspx>

**Treasury Dept.:** March Financial report has been posted on the bulletin board for your viewing.

**Donations to the Church:** We would like to say thank you for always thinking of the church, the members and the community around us. Your donations have gone to bless many people. We are asking that you please not donate unwanted items from your home to the church unless the church has made a request of such items. When there is a need, we will send out a request for the needed items via OneCall, email, bulletin and announcements making known our request.

If you have items you would like to donate from your home please contact Good Will, Salvation Army or Veterans of America. The church does not have room to store donated items nor the manpower to sort thru and distribute such donation. However, we are always accepting monetary donations which can be given anytime. If you have an items that you feel would be of value to the church please see the Pastor or Head Elder to discuss donating such item to the church. Thank you for helping to keep our church clean, organized and free from clutter.

**Discover Bible School:** We are in need of someone to oversee this ministry. For more information see Pastor Andre or Elder Bridget.

**Weekly/Monthly Ongoing Calendar Events**

- ~ Food Pantry: Wed 4-6p and Fri 4-5: Food
- ~ Third Thursday: Men's Ministry Gathering contact Paul Ross 982-4892.
- ~ First & Third Sabbath: Q&A Study Group in the Learning Center 1:30 pm
- ~ First & Third Sabbath: Children Choir 1:30 – 2:15
- ~ Second & Fourth: Adult Choir Practice 1:30-2:30
- ~ Third Sabbath: Nursing Home Ministry - Kathy Parker (904) 923-5297
- ~ Fourth Sunday: 12:30p Church "Meet & Greet" Sweet Tomatoes, Wells Rd
- ~ Tuesdays: 10 am Bible Study Gene & Janet Hall's Home. Info please contact Janet Hall 904-264-8143 or Pat Foster 904 272-1177.
- 6:30pm CREATION Health classes at the Barco-Newton Family YMCA, Fleming Island.

**Health and Devotion**

Shame To Empathy

What holds you back from achieving your goals, trying new things, or even following your dreams? Failure? Mistakes? Criticisms? Perhaps it's shame. Everyone has shame, as it is one of the rawest emotions people experience. Love, belonging and connection give meaning and purpose to our lives. Shame is the fear that something we've done or a goal we haven't met makes us feel unworthy of social connections. There are some who believe that shame is a good tool to help people do better. Shame doesn't lead to positive outcomes. Shame is more likely to cause destructive behaviors. Shame destroys courage and fuels disengagement.

EXAMPLES OF WHERE SHAME FEELINGS COME FROM ARE:

- Appearance and body Image - not fit enough, thin enough, tall enough
- Money and prestige - not rich enough, getting promoted.
- Parenting - working too much, don't work enough, too strict, not strict enough.

THE KEYS TO COMBAT SHAME ARE:

- Self-compassion. Recognize shame and figure out what triggers it.
- Reality check. Are the expectations driving your shame realistic?
- Share. If we talk about our feelings of shame, we gain more control over it.

Often, when we share our stories and what we're ashamed of with others, we will gain empathy. Simple acknowledgements such as, "me too!" send the message that we are not alone. Shame resilience leads to the courage for self-improvement.

You can't get to courage without walking through vulnerability." ~ Brene Brown

visit <http://ow.lyA/VbwUr> for Brene Brown's video:

The power of vulnerability

**Devotional Thought: By Beholding**

This devotional is brought to you by Pacific Press® Publishing Association

The way to become a grace-filled Christian is to concentrate on the One who is grace - Jesus. We need to spend regular, quality time beholding Him, reflecting on the One who took time to have a life-changing conversation with a woman who had had five husbands.

The One who had dinner with a dishonest tax collector.

When we concentrate on Jesus instead of on ourselves a funny thing happens. Slowly, imperceptibly, we begin to change. His will becomes our will; His thoughts become our thoughts; His ways become our ways. We become grace-filled, loving, and lovable Christians.

FROM Beautiful in God's Eyes by Compiled by Penny Wheeler, p. 15.

### Pastor's Availability

Pastor André Van Heerden is available to all church members and guests for consultation and/or counseling by appointment or home visitation. Please call his cell phone: (305) 395-0912 or (904) 213-7906. Pastor André will also be available by appointment at the following times: Sabbaths after the worship service or after the fellowship lunch. The Pastor usually does home/hospital visitations on Sabbath afternoons and Wednesday during summer months.

### Member's Corner

#### Please Pray for:

Mary Shelly	Robert/Andrew Haas	Andy Hansen & Family
Mrs. Bush	Yura & Pasha	John Ramey
Charlie & Kathy Parker and son Chuck	Will Lee & Grandmother	James Johnson and his mother
Pam Batson	Donna Pendrey	Ronald Buddha Aunt
Mary Ledbetter	Fred Sheckles	Reginald & Anna
Norris Family		

#### Happy Birthday April Babies:

06 Eli Smith	09 Juliet Van Heerden	16 Paul Ross
25 Jason Sirmans		

### Treasurer's Corner

Thanks for contributing to the local church budget! "Tithe goes to conference only envelopes marked church budget stay in the local church for upkeep and church maintenance." Offering given to support the church should be marked on the tithe envelope "church budget."

\*\* Please do not fill in the last two lines on the Tithe envelope Leave blank everything after the heading "Below Line For Treasurer Use" Thank you.

Online Giving: Please go to [www.orangecovesda.org](http://www.orangecovesda.org). Click on the "Online Giving" link To contact the treasurer via email [ocsdatreasurer@gmail.com](mailto:ocsdatreasurer@gmail.com)

March Budget	Rec'd: \$4,391.3	Shortage: \$ 608.7
Church Budget \$5000.00	Amount received	Amount needed:
Apr 02	\$0.00	\$0.00
Apr 09	\$0.00	\$0.00
Apr 16	\$0.00	\$0.00
Apr 23	\$0.00	\$0.00
Apr 30	\$0.00	\$0.00

\*Incoming funds over budget will go to boost evangelism and church ministries

### Orange Cove SDA Church

"Adopting people into God's family of Grace, One person at a time."

4501 Highway 17 South (904) 269-2607  
Fleming Island, FL 32003 [www.orangecovesda.org](http://www.orangecovesda.org)

### Sabbath School - 10:00 am

Please ask a greeter to assist you in choosing and/or locating a class  
View or download Sabbath School Lessons at <http://ssnet.org/study-guides/>

Adult Class	Sanctuary
Young Adult & Youth Class	Youth Room – Fellowship Hall
Seeker Study & Application Discussion Group	Fellowship Hall Main Area
12 Step Recovery Class	Learning Center
Primary	Portable
Kindergarten	Fellowship Hall 2 <sup>nd</sup> Room
Junior Class	Fellowship Hall 3 <sup>rd</sup> Room
Cradle Roll	Fellowship Hall 6 <sup>th</sup> Room
Early Teen	Mother's Room (In Church Lobby)

### Orange Cove Core Values: To Be a Mature Disciple...

- 1. Refresh:** Be "Refreshed" by the baptism of the Holy Spirit moment by moment. "For John truly baptized with water, but you shall be baptized by the Holy Spirit not many days from now." Acts 1:5. Jesus dwells in the hearts of His Children through His Spirit. By asking Him, after receiving forgiveness, the Holy Spirit comes and lives in us—His holy temples.
- 2. Abide:** Jesus said, "I am the Vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me, you can do nothing." John 15:5. It is through the Word that Christ abides in His followers. Spending time alone with God before the day starts in Bible study, prayer and meditation gives Divine power and strength through the Spirit to those who do it.
- 3. Share:** The example of the early Christian Church in Acts 2 demonstrates how God intended for believers to meet together in church (large groups) and homes (small groups). Meeting together & sharing, ingrains the truth of God's Word and the teachings of Jesus in the believers' lives.
- 4. Give:** God invites all His disciples to give of their time and their means to further His Kingdom. "Do not lay up for yourselves treasure on earth . . . lay up for yourselves treasure in heaven." Matt 6:19. Giving allows a disciple to participate in God's Holy Nature and neutralize the selfish tendencies within his or her sinful nature.
- 5. Mentor:** The great controversy between good and evil is fierce and complex. God ordained believers to encourage, support and care for one another in close, "family-like," relationships. Every disciple should be mentored by a more mature, experienced disciple and should, in turn, mentor a less experienced younger disciple than themselves. This process solidifies the experience of each disciple.

### Church Leaders and Officers

Pastor André Van Heerden <a href="mailto:relevantlivesolutions@hotmail.com">relevantlivesolutions@hotmail.com</a>	Head Elder Bridget Edwards <a href="mailto:Heleadfollow@gmail.com">Heleadfollow@gmail.com</a>
Elder David Merritt <a href="mailto:dmeritt@kleighlaw.com">dmeritt@kleighlaw.com</a>	Elder Bennie Holton <a href="mailto:bennieholton@yahoo.com">bennieholton@yahoo.com</a>
Church Clerk Jillian Buddha <a href="mailto:jillian_buddha@gmail.com">jillian_buddha@gmail.com</a>	Gene Hall – Treasurer <a href="mailto:OCSDATreasurer@gmail.com">OCSDATreasurer@gmail.com</a>
Head Deacon TBD	Ronald Buddha - Assistant Head Deacon <a href="mailto:ronald.buddha@gmail.com">ronald.buddha@gmail.com</a>
Sharon Merriewether Sabbath School Superintendent <a href="mailto:singingartiste1@hotmail.com">singingartiste1@hotmail.com</a>	Liz Daughtry Children Ministry Leader <a href="mailto:LizDaughtry@comcast.net">LizDaughtry@comcast.net</a>
Women Ministry Leader TBD	Paul Ross - Men Ministry <a href="mailto:Ross304@bellsouth.net">Ross304@bellsouth.net</a>

# Orange Cove SDA Church

Pastor:  
André Van Heerden

April 9, 2016



Reflects the core values that Seventh-day Adventist are committed to:

- ⇒ The Open Bible: forms the base of the design and represents the Biblical foundation of our beliefs. It is portrayed in a fully opened position suggesting full acceptance of God's word as one reads, studies, and puts into practice.
- ⇒ The Cross: central to the Biblical message is the Cross which represents the gospel of salvation and is positioned in the center of the design to emphasize Christ's sacrifice, which is the central theme of our faith.
- ⇒ The Flame: the shape formed by three lines encircling an implied sphere. The lines represent the three angels of Revelation 14 circling the globe and our commission to take the gospel to the entire world. The overall shape forms a flame symbolic of the Holy Spirit, the messenger of Truth. The flame suggests a continued upward momentum symbolizing the resurrection and ascension to heaven at Christ's second coming, the ultimate focus of our faith.