

*** ANNOUNCEMENTS ***

Today's offering: Local church budget // 8:07 pm

Offering given to support the church should be marked on the tithe envelope "Church Budget." Please do not fill in the last two lines on the Tithe envelope leave blank everything after the heading "Below Line For Treasurer Use" Thank you.

August Loose Offering:

1st Sabbath \$ 1,356.00 3rd Sabbath \$
2nd Sabbath \$ 1,606.00 4th Sabbath \$

Total Offering received in August

Sabbath August 17: Please join us in the Sanctuary at 2:30 to watch a health video about exercise by Dr. Barbara O'Neill.

If you are a member or frequent visitor, please mark the attendance sheet in the lobby. If you are a guest, please sign the guest book located in the lobby. This helps us keep in contact with our church family! Thank you.,

Florida Conference Members: Make sure your loved ones are cared for and protected through an estate plan designed for your needs. To take advantage of this free benefit, contact us at Florida Conference Association Development and Planned Giving Department for more information at 407-644-5000, ext. 2241 or email us at planned.giving@floridaconference.com.

In Home Bible Study **WILL RESUME ON SEPT. 3, 2019**

Study is in the home of Gene & Janet Hall on Tuesdays @ 10:00 am. For details call 904-264-8143

Food Pantry - Open Wednesdays from 4-6p and Friday from 4-5 pm. Volunteers and food donations are needed! Please see Brenda Haas.

Prayer Meeting - Wednesdays @ 7:00 pm. In the Learning Center. Please join our prayer warrior group for intercessory prayer and to pray together.

Florida Conference Prayer Lines: Short Devotional - 30 minutes Tuesdays @ 7:00 AM - English dial (641) 552-9445 access code 810-337# Wednesday @ 7:00 AM Spanish dial (515) 739-1524 access code 141-386#

Please Pray for: Kathy Parker; Tim St. Onges; Norris Family, Mrs. Bush, John Ramey, Shirley & Joe Sanders, Debra Riggs, Al & Betty Norris

- Aug 30-Sep 2 Family Camp @ Camp Kulaqua
Sep 21st Third Quarter Communion Service
Sep 20-22nd Couple's Retreat @ Camp Kulaqua
Sep 20-22nd Engaged Couples Retreat @ Camp Kulaqua
Oct 11-14 High School Bible Retreat @ Camp Kulaqua
Oct 20-23 Young at Heart Retreat (age 50+)
Dec 6th Fourth Quarter Communion Service (Agape Feast)
Dec 31st New Year's Eve Vesper

Welcome to Orange Cove Seventh-day Adventist Church

August 17, 2019

We want to extend a warm welcome to all of you attending today's service. If you're a first time visitor, please take a blue visitor bag from the basket in our lobby. We invite all our guests to sign our guest book and fill out a visitor's card located in the seat in front of you and place it in the offering plate. We would also like to invite you to join us for fellowship lunch today following the worship service. We hope you will visit again soon!

Sabbath School.....10:00 a.m.
Please ask a greeter to assist you in choosing and/or locating a class.
Worship Service.....11:05 a.m.

Worship Service

Welcome

Opening Prayer

Children Story

Song Service:

Hymn #341 To God Be the Glory

Hymn #109 Marvelous Grace

Offering Prayer

Song of Meditation:

Hymn #322 Nothing Between

Intercessory Prayer**

Morning Message

Pastor Andre Van Heerden

Closing Song:

Hymn #205 Gleams of the Golden Morning

Benediction

**Song after Intercessory Prayer Hymn #684

"Hear our prayer, O Lord, Hear our prayer, O Lord;
Incline Thine ear to us, and grant us Thy peace. Amen."

≈ Please be seated after the benediction deaconess will dismiss by rows ≈

* Please turn cell phones off or place on vibrate *
Please be Reverent - keep all conversation outside of the Sanctuary and be aware of those around you.

SERMON NOTES

Blank lines for sermon notes.

HEALTH NUGGET – EFFECTS OF STRESS

Stress symptoms may be affecting your health, even though you might not realize it. You may think illness is to blame for that irritating headache, your frequent insomnia or your decreased productivity at work. But stress may actually be the cause.

Common effects of stress

Indeed, stress symptoms can affect your body, your thoughts and feelings, and your behavior. Being able to recognize common stress symptoms can help you manage them. Stress that's left unchecked can contribute to many health problems, such as high blood pressure, heart disease, obesity and diabetes.

https://www.mayoclinic.org/healthy-lifestyle/stress-management/

Pastor	Andre Van Heerden	relevantlifesolutions@hotmail.com 904-213-7906 / 305-395-0912
Head Elder	Bridget Edwards	Heleadfollow@hotmail.com 904-317-5316
Elder	David Merritt	dmerritt@leighlaw.com
Elder	Bennie Holton	bennieholton@yahoo.com
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Safety	Paul Kapusta	paul.kapusta1@navy.mil

Orange Cove Core Values: To Be a Mature Disciple...

- Refresh:** Be "Refreshed" by the baptism of the Holy Spirit moment by moment. "For John truly baptized with water, but you shall be baptized by the Holy Spirit not many days from now." Acts 1:5. Jesus dwells in the hearts of His Children through His Spirit. By asking Him, after receiving forgiveness, the Holy Spirit comes and lives in us—His holy temples.
- Abide:** Jesus said, "I am the Vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me, you can do nothing." John 15:5. It is through the Word that Christ abides in His followers. Spending time alone with God before the day starts in Bible study, prayer and meditation gives Divine power and strength through the Spirit to those who do it.
- Share:** The example of the early Christian Church in Acts 2 demonstrates how God intended for believers to meet together in church (large groups) and homes (small groups). Meeting together & sharing, ingrains the truth of God's Word and the teachings of Jesus in the believers' lives.
- Give:** God invites all His disciples to give of their time and their means to further His Kingdom. "Do not lay up for yourselves treasure on earth . . . lay up for yourselves treasure in heaven." Matt 6:19. Giving allows a disciple to participate in God's Holy Nature and neutralize the selfish tendencies within his or her sinful nature.
- Mentor:** The great controversy between good and evil is fierce and complex. God ordained believers to encourage, support and care for one another in close, "family-like," relationships. Every disciple should be mentored by a more mature, experienced disciple and should, in turn, mentor a less experienced younger disciple than themselves. This process solidifies the experience of each disciple.



Orange Cove SDA Church

"Adopting people into God's family of Grace, One person at a time."

Pastor André Van Heerden

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<http://www.orangecovesda.org/>
<https://www.facebook.com/orangecovesda>
<https://www.youtube.com/user/orangecovesda/>

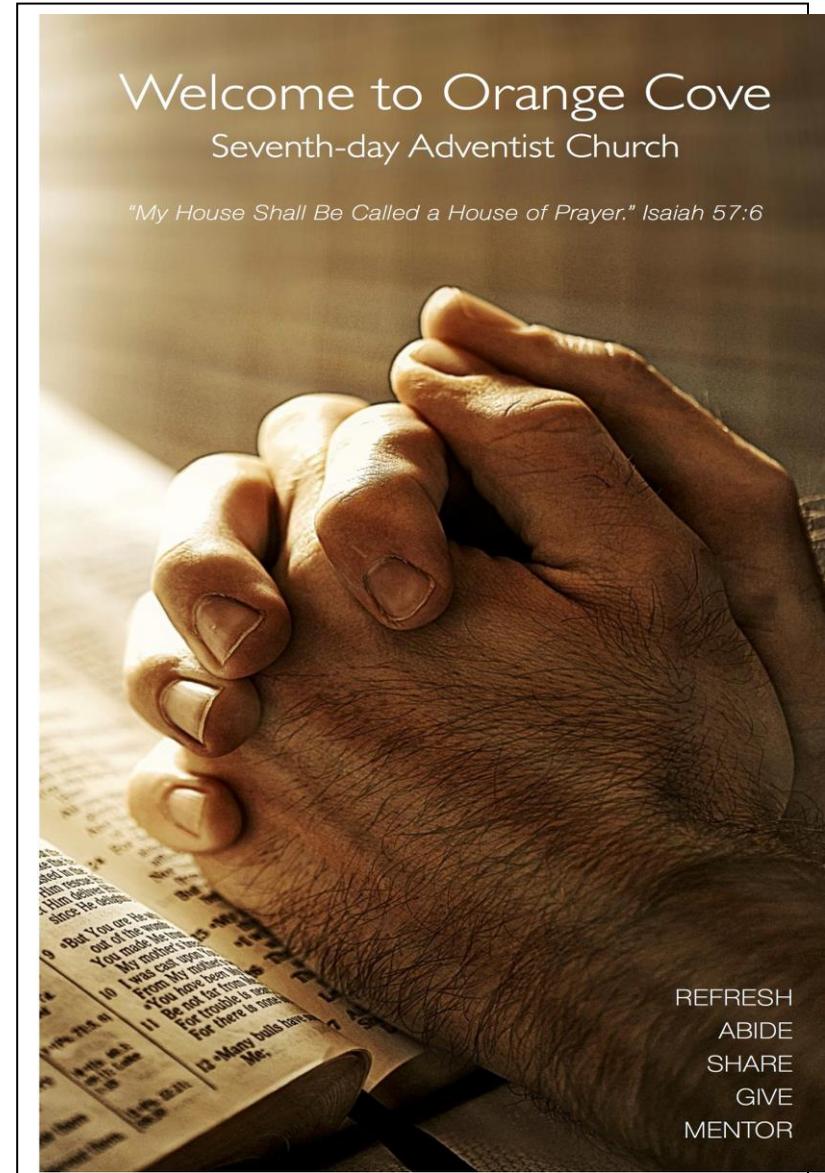
Online Giving: www.orangecovesda.org.
Look for the tithe envelope or click on the "Online Giving" link.

Bulletin Info must be received by 6 PM Wed.
Please send to Brenda Haas
904-891-6207 or OCSDA@grizzlyrabbit.com.

View or download Sabbath School Lessons at
<http://ssnet.org/study-guides/>

Adult Class
Kindergarten
Junior Class
Cradle Roll
Baptism Class

Sanctuary
Fellowship Hall 2nd Room
Fellowship Hall 3rd Room
Fellowship Hall 6th Room
Back of Church



REFRESH
ABIDE
SHARE
GIVE
MENTOR